



Elite School of Optometry's International Vision Science and Optometry Conference
(EIVOC)

15th to 17th August 2025 | Chennai Trade Centre, Chennai, India

Title of the workshop	Optimizing Vision for Athletes: Sports Optometry Workshop
About the workshop	The workshop aims to provide a brief overview of sports optometry by covering effective ways to assess the visual demands of athletes, the visual strategies and mechanics adopted by sports people for optimal performance. The workshop also provides a quick overview of comprehensive sports assessment and the minimum requirements needed to effectively implement a sports vision practice. The workshop will provide a space to visualise the basic instruments involved in sports optometry practice worldwide.
Objectives	<ul style="list-style-type: none">• Understand the need for Visual task analysis in sports• Monocular and Binocular visual function assessment in comprehensive sports vision screening• Building a sports vision practice• Demo session with difference sports optometry instruments
Expected Outcome	<ul style="list-style-type: none">• Understand the basics of sports vision: Needs and clinical practice• Minimum requirements needed to establish a sports vision practice• Visualise instruments involved in sports vision practice worldwide
Date	Aug 16, 2025
Target Audience	Optometry Students, Optometrists, Independent Practitioners
Duration	2 hours
Available slots	100